Optum

Leadership Foundations

Succeed in value-based care

Leaders will discover how to use their emotional intelligence to be their best selves, empower their teams through coaching and feedback, and succeed in the business of health care.

Participants will have the opportunity to:

- Lead with compassion and connect their purpose to the business of patient care
- Practice delivering feedback and empowering their team to solve problems
- Unpack the Optum business strategy and create an action plan

Enroll in an upcoming session

Visit Bridge at bridge.optum.com/foundations

Time	Duration	Format
3 hours	Six weeks	Live online
per week		

Eligibility

Team leads, supervisors, managers and anyone looking to enhance their leadership skills; or anyone in UHG salary grades 24-27 (or equivalent).

Certification

Participants will receive a certificate of completion and are eligible for a up to 10.5 AMA PRA Category 1 Credits™.

Overview

This program includes live online sessions and experiment-based activities.

O	O	O		0	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Explore core values and learn how to leverage emotional intelligence.	Learn how to build a strong patient experience and deliver effective team feedback.	Understand value-based care and practice team coaching skills.	Explore limiting beliefs and plan an experiment that solves a personal leadership challenge.	No live session; complete the leadership experiment.	Share the results of the experiment and learn how to take the program learnings even further.

Questions? Email Teammate Experience and Development at txdfeedback@optum.com.