Optum

High Performing Teams

Foster a culture of belonging

Leaders will unlock their team's full potential by building a foundation of trust, accountability, and healthy dialogue.

Learn how to:

- Lead team conversations that foster trust and psychological safety.
- · Build accountability by setting clear expectations.
- · Cultivate healthy conflict that leads to positive team outcomes.

Enroll in an upcoming session

Visit Bridge at bridge.optum.com/teams

Time Duration Format1.5 hours 3 weeks Online: live sessions +

supporting coursework

Intended audience

per week

Team leads, supervisors, managers and anyone looking to enhance their leadership skills in Optum; anyone in UHG salary grades 24-27 (or equivalent).

Certification

Participants will receive a certificate of completion.

Overview

This program includes live online sessions with partner-based practice opportunities.

Week 1

Explore the factors that create trust and psychological safety in relationships.

Week 2

Discuss strategies for fostering accountability; practice having an accountability conversation.

.Week 3

Identify personal preferences for conflict; practice strategies for creating a culture of healthy conflict.

Questions? Email Teammate Experience and Development at txdfeedback@optum.com.